

# **Best Practice 1**

Title of the practice: 'Engagement of students in publishable research'

# Objectives:

- To build transferable skills and explore the effects of applying new thought processes
- To inculcate research skills and to develop interest and awareness about research
- To reflect on their own research, identifying lessons learned, strengths and methods to improve
- To explain their research to broader audience through research presentations and publications
- · To increase their understanding of selection of journals.

Context: Research is a powerful part of a student's educational experience. Research experience has been credited with improving students' motivation for learning. Students can pursue their individual interests when they are engaged in minor and major research projects. Intellectual curiosity is sparked while doing projects and also provides an opportunity to take greater ownership of their own learning process. By engaging in research, students find it easier to understand the rationale underlying others' research. A scientific publication/ presentation done by a student can provide a level of professionalization to his/her resume and also helpful in building transferable skills.



Practice: The Institution provides a conducive environment to promote research culture amongst faculty members and students and support them in their academic pursuits. The proactive research committee of the college has designed comprehensive research policy guidelines and constantly boosts the scientific temperament of the faculty members and students. The policy encourages the students to escalate the horizons in their area of interest and give them a higher exposure into all disciplines of learning. At our institute at the PG level, soon after the completion of their project work, faculty members insist the students to publish their research work in reputed scientific journals or do a paper/poster presentation in national/ international conferences/seminars. Publishing students' project is always a process of project validation as well. Publishing into a journal or into conference proceedings makes the student's research project work more challenging from a conceptual point of view.

Evidence of success: The students have completed several publications to their credit. By engaging themselves in publishing their work as research papers in journals and book chapters, their writing and research skills had improved and helped them connect with other professionals and researchers in the field. It also provided them new opportunities for collaboration and future study.

Problems encountered and Resources required: Nil

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## **Best Practice 2**

Title of the practice: 'Promotion of sports to foster youth development'
Objectives:

- · To build interpersonal skills
- · To develop and maintain physical fitness
- To infuse discipline & instil the value system in one individual
- To empower students with confidence, teamwork and other social skills
- · To enhance their performance towards excellence

### Context:

Sport activities greatly influence students holistically. A competitive sports environment is the epitome of practising the commendable qualities of team work. With proper guidance and facilitation, sports nurtures inclusivity. Playing sports allows students to discover the power of a shared goal. Getting involved in sports affords the student a chance to be healthier in mind and in body. Sports may boost confidence for winners. Sports allows students to realize the beauty of competition; humble in victory, gracious in defeat. It not only contribute to shaping your personality but also impact your academic performance significantly.

#### Practice:

IADC-A is committed to inspire, encourage and empower young students towards sports. The campus has various student clubs and sports facilities to ensure a comprehensive learning pervironment. Well qualified and

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experienced Physical Education Director and Instructor take care of the strategies and day to day activities of the Department. The teachers motivate and instill discipline and confidence in the students. Teams are formed after selection trials to take part in intercollegiate, university, state level meets & competitions. Annual Sports meet is organized and conducted in the Institution every year. Awards, scholarships are provided to encourage students at every level. Sports budget is allocated every year for spending towards Annual Sports meet, tournaments, sports kits, refreshments.

Evidence of success: Students have won prizes in different individual and team events at the Intercollegiate, South Zone, State, National, International level. Their performance in sports improved, making them better athletes. Sports has also ameliorated the negative effects of stress and the students turned out to be more productive with their studies.

Problems encountered and Resources required: Nil

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